



VOL. 54, Issue 2

October 2009

President's message

Dear Fellow Curling Club Members:

As we prepare to open the season, your help is desperately needed. Find something that you like and contribute in whatever way is your strong suit. Every volunteer is so important to the success of our club. YOU can make a difference!

Here are some volunteer possibilities, all of which are on the near horizon:

- Recruit new curlers to the sport. Come to the club at the same time they plan to be there – help them get to know the club and get comfortable with curling.
 - Assist with the ice making process
 - Learn to pebble and/or nip; sign up for one of the ice maintenance shifts with Paul MacEnroe.
 - Join the house committee (need 2 handymen or handywomen to join the committee for the coming season).
 - Help with instructing new curlers – especially important early in the season and during Curling School. You might even want to consider getting instructor certification! (If so, contact Roger Rowlett ASAP for more info)
 - Assist with the new ROCKS program (kids age 10-18 on Sundays @ 2:00).
 - Volunteer for the Youth Charity Challenge – recruit a team, sign up to be a coach.
 - Join the planning committee for The Cobb Mixed Invitational (Brian and Marj Moore, chairs) and/or The Women's Five and Under GNCC Bonspiel to be held in Utica this year (Susan Williams, chair) – both are themed bonspiels with many different tasks yet to be assigned.
 - Be a Curlogram reporter – news items and curling-related articles are always needed.
 - Volunteer to help at the October Learn to Curl sessions.
- Join one of the Olympic Year planning committees that Carol Jones will be soon forming.

In closing, I'd like to share a little story that I keep posted on my bulletin board; I have used it in many ways over the years. I don't know the original author, unfortunately, so I am unable to give credit for the story's creation, but it's a really good little story. Perhaps you've seen it before. For those who have not, here it is:

“Once upon a time there were four people; their names were Everybody, Somebody, Anybody and Nobody. There was an important job to be done and Everybody was sure that Somebody would do it. Anybody could have done it, but Nobody did it. Somebody got angry with this, because it was Everybody's job. Everybody thought Anybody could do it, but Nobody realized that Everybody wouldn't do it. It ended up that Everybody blamed Somebody when Nobody did what Anybody could have done.”

Don't let an opportunity to get involved pass you by, waiting for “Somebody” to do it. Help make your club the best it can be.

“Anybody” can do it, after all. And, most all, keep in mind that “Everybody” counts at the UCC!

See you at the club,

Marj Moore, UCC President

Glengarry News

I would like to welcome all of you to the 2009-2010 UCC curling season. I hope you are looking forward to a great year both on and off the ice.

The women will be taking to the ice every Monday and Wednesday at 5:40 and every Tuesday morning at 10:00.

All league information, dates and signups were in last month's curling program. Please sign up as soon as possible.

I encourage all the women curlers to take the opportunity to participate in our in-house as well as out-of-town bonspiels.

The All-American, Empire State Playdowns, Empire State Bonspiel, Glengarry Challenge and the Childs' Challenge are ALL BEING PLAYED IN UTICA this year so we can enjoy great curling without even leaving town. I encourage all women to take advantage of these great in-town opportunities. Women's bonspiel information will be posted in the women's locker room.

Please feel free to contact me with any of your questions, suggestions or concerns. I need to know when we have problems so we can work together to fix them.

I look forward to seeing you all on the ice.

Kathy Palazzoli, Glengarry President

Bylaws amendment vote

Ten voting members of the Utica Curling Club submitted to the UCC Secretary the following proposed amendment to the UCC Bylaws. Notice is now being given to all voting members via the Curlogram that a vote to accept the amendment will take place at the Opening Party on October 10, 2009, to be held at the Curling Club.

It is proposed that the following text be added to the UCC Bylaws, Article IV, to create two additional types of Class 4 Limited Membership. The descriptions of and the fee schedule for the new college curling memberships parallel the existing Junior and Junior Plus memberships: \$20 for College Student Members (not waived) and \$150 for College Student Plus.

g) College Student Members: are those who are enrolled as full-time college students (with documentation from appropriate institution of higher education) regardless of age. Play is limited to Curling School and College Curling.

h) College Student Plus: are full time college students with some prior curling experience. Eligible for Curling School, College Curling, and for one Men's, Women's, or Open league during each half of the season. Participation in the adult league is limited to under-scribed leagues, i.e., fewer adults enrolled than available curling slots."

Rationale: We have been approached by graduate students from SUNY Oneonta about participating in college curling, and possibly Junior Plus (one student is a returning UCC college curler). However, they are all above the age limits for Juniors (national limit is 21 years old before July 1 of the year preceding curling competition). Increasingly, full-time students are older. They may have delayed going to college, or have returned to school after serving in the armed forces or the Peace Corps, or are returning because they have lost a job, or are in graduate school. In all cases, regardless of age, they will have limited time to curl. They will not overwhelm our college curling and Junior Plus program. This would be a good opportunity to make contacts at another area college and to bolster the participation in college curling at UCC on Sunday nights. We would be in-line with the guidelines for participation in the national tournament sponsored by College Curling USA, which has no age limits.

Mary Jane Walsh

Men's League Signup

Charbonneau Men's League

8:00pm Mondays, 5:45pm Tuesdays or 8:00pm Wednesdays

The Charbonneau is the Men's league starting the week of October 26, with teams playing on Mondays at 8:00pm, Tuesdays at 5:45pm and Wednesdays at 8:00pm for the next 8 weeks through the week of December 21. The medal is awarded to the winner of the playoffs between the Monday, Tuesday and Wednesday champions plus a wildcard. We will try to match new curlers up with their sponsors so please indicate new curlers you would like to have on your team.

Because of anticipation of a large new curler sign-up, there may not be as many slots for players wishing to play two nights in the Charbonneau as there were in the past. Selection of those playing two nights with earliest postmarks, fax dates or e-mail dates or people sponsoring more than one new curler.

Fill out the form on the return slip and send it to: Mike Kessler, 50 Blackburn Court, New Hartford, NY 13413 793-3330 or email doctormjk@aol.com no later than October 21.

Charbonneau

Men's League 8:00pm Mondays, 5:45pm

Tuesdays or 8:00pm Wednesdays

Send to Mike Kessler, 50 Blackburn Ct, New Hartford NY 13413 - 793-3330

doctormjk@aol.com

Name _____

Day telephone _____

Night telephone _____

Night I'd like to play (M, T or W) _____

I'd also like to play a 2nd night (M, T or W) if sign-up allows _____

Deadline October 18, 2008

Position I'd like to play (Sk, 3rd, 2nd, Ld)

1st choice _____

2nd choice _____

Please pair me with new curler _____

Happenings

Condolences to:

Dale Jones on the loss of his father

Joe Cosentino on the death of his mother, Beverly McKay

Open League Signup

Any gender in any position, limited to 14 teams

Tuesdays Mostly at 8:00pm

The Open League will be starting early this year with the first game Tuesday, October 13 at 6:00pm. The next game will be Tuesday, October 20, also at 6:00pm. Following games starting October 27 will be at 8:00pm for 9 straight Tuesday nights through December 22. This league was formed to provide practice for teams who will be competing outside the club.

Men's, Women's, Junior, Kayser, Women's Challenge or Dykes, etc., teams may enter, so sign up as a team on the return slip and send it to: Mike Kessler, 50 Blackburn Court, New Hartford, NY 13413 793-3330 email doctormjk@aol.com.

Because we are starting early we need to receive your rosters by October 10.

Open League

Open league limited to 14 teams

Tuesdays Oct 16 and 23 at 6:00pm

Tuesdays Oct 30, Nov 6, 13, 20, 27, Dec 4, 11
and 18 at 8:00pm

Send to Mike Kessler, 50 Blackburn Ct, New
Hartford NY 13413 - 793-3330

doctormjk@aol.com

The first 14 returned slips will make up the
league

Team name _____

Skip _____

Third _____

Second _____

Lead _____

If there are byes, I would like mine on _____

From the editor

I send all the electronic files of the Curlogram out on the same day – to the Webmasters, the printers, and the individuals who have an email address in the UCC Roster. This means that the folks getting the electronic copy will receive it about a week earlier than the paper copies will hit the mailboxes of those who want hard copy. Don't worry if you hear from friends about something they read in the electronic Curlogram – your paper copy will arrive soon! Meanwhile, check the UCC website.

A BIG thank-you to all the folks who contributed articles for the Curlogram! Keep them coming! —Ann Kebabian



OPENING PARTY

SATURDAY, OCTOBER 10, 2009

6:30 Cocktails
7:30 Prime Rib Buffet
8:30 Music and Dancing
\$21 pp

**Come Join Us to Kick Off the New
Season!**

RSVP to: Knyoca Law 736-0884
Bryn Davis 404-1654
Or e mail to KJL79@juno.com



Ladies Evening Leagues – First-Half Sign Up

Hello Ladies, with curling season just a few weeks away, it's time to dust off the curling shoes, get the brooms out of the closet and sign-up for the first-half leagues (see sign up form below). Leagues take the ice at 5:45 pm on Monday and Wednesdays for seven (7) consecutive weeks this half. Please sign-up for one (or two evenings) and also encourage new curlers to join one of these evening leagues.

Because there is not much lead time for the first-half leagues and scheduling can get a bit tricky, the timely return of your form will be a tremendously appreciated by the scheduling committee.

There are two leagues for women in the first-half. The first-half Monday evening night league is the "Calder" which is the first rung or step of the women's ladder competition. This is an opportunity for less experienced curlers to try their hand at skipping. Teams are formed by a skips draft from the pool of curlers who sign up for this league. The first-half Wednesday evening league is the "Bonnie Piper" which is a non-ladder competition. Many of our veteran skips participate in this league. The objective of this league is to have fun while providing instruction and game experience to less experienced curlers. The teams are assigned by the scheduling co-chairs.

WOMEN'S EVENING LEAGUES 1st half Oct 26 – Dec 23, 2009

Name: _____

Tel: (home) _____ (work) _____ (cell) _____

email _____

MONDAYS 5:45pm (*Calder*): Oct. 26, Nov. 2, 9, 16, 23, 30 Dec. 7, 14, Dec. 21 (playoff, if necessary)

() curl () willing to skip, if spot available
() sub () sorry, not curling Mon. this half

WEDNESDAYS 5:45pm (*Bonnie Piper*): Oct. 28, Nov. 4, 11, 18, 25, Dec. 2, 9, 16, 23 (playoff, if necessary)

() curl () willing to skip
() sub () sorry, not curling Wed. this half

Ladder Skips Only: () I do () I do not plan on skipping 2nd half
Reply Deadline October 15, 2009

Send via email or U. S. Mail to:
Julie Chanatry, 3 Proctor Ave, Clinton, NY 13323,
email: julie.chanatry@gmail.com

Come Join Us "Try Curling" (Open House) Week

"Try Curling" will be 7:30 PM each night **Thursday through Sunday, October 15 – 18**. Music will be playing, munchies on the tables, and ice a plenty in the glasses and in the shed!

Come down and join us for the fun. Bring a friend! (Ask them to bring along a clean pair of sneaks for curling). If you can't bring a friend, come anyway, hold a broom and drink a brew...we need you in the house and at the bar to make a festive crowd!

Tell us when you're coming, it helps us prepare accordingly. Call Carol Jones at home: 865-7700, work: 624-3801 or e-mail: cjones@tristate.biz

The Glengarry Rules Committee proposed changes and clarifications to the General Rules for the Women's leagues. The changes and clarifications were approved by the Glengarry Executive Board and they are now in effect. A summary of the changes is included below (the actual changes in the text are included and in the larger font size). The updated rules will be published in the 2009 – 2010 Membership Roster. A copy of the rules is also available on the Utica Curling Club website.

Changes to the General Rules for Women

"7:46" Rule – changed to the rule stated below:

2. a) There will be no postponement of games. All scheduled matches must be played on or prior to the scheduled date. When it is desired to play a game prior to the scheduled date, the skips involved must clear the date and time with the appropriate Women's Schedule Chairperson.

All games must begin on time when legal teams are available. **Starting bell will be rung at 5:40 PM.**

Any team failing to appear on the ice, ready to play at the appointed time, shall be penalized one point and one end for each fifteen minute period of tardiness, commencing one minute after play time. In the event that both teams are equally guilty, one dead end shall be scored for each fifteen minute period of tardiness. After four (4) ends of no opposing teams, the game is to be declared "no contest" and each team shall receive a minus 5 points. In the event a skip notifies an opposing skip of her inability to field a legal team at the appointed time, and the game cannot be played prior to the appointed time, the game shall be declared a forfeit and the score posted as 5-0.

Re: Evening Scheduled Curling: **If the game is not in the eighth end by 7:40 pm, the end in progress will be completed and one additional end will be played. A tie will be played off with a full end.**

There must be no exceptions made in the enforcement of the rules listed above.

Substituting – addition of wording regarding substitution grouping:

Substitutes should be of comparable ability to the regular team member. **Grouping list should be used as a guideline.** Skips may not substitute skip in any lower ladder competition. Skips may not substitute skip in their present ladder competition.

Leave of Absence – addition of the word “if”

If a skip before choosing her team, finds she will be unable to curl regularly during the season, she must request a leave of absence in writing to the Glengarry Executive Committee **two weeks before the beginning of the first half or two weeks before the beginning of the second half (whichever is applicable).** When returning to the competition, she will re-enter at the next lower level of competition **if** a vacancy exists.

Progression of Skips – re-numbering and clarification of the existing rules:

1. A skip moving from day to evening or evening to day, must start at the bottom of the ladder and work her way up.

2a. If because of vacancies additional skips are needed, the vacancies shall be filled by using skip/s that would have dropped down.

2b. When there are fewer skips needed for a competition in any given season more than the allotted skips may be required to drop down to a next lower competition.

DAYTIME

Roemer down 1
Mary Clark up 1
Scottie up 1

EVENING

Glenplaidie down 2 (lowest standing)
Lambert Grant up 2 down 2 (lowest standing)
Calder up 2 out 2 (lowest standing)

The Skips dropping out **from the bottom of the ladder** shall be ineligible during the following year unless no other eligible members are willing to skip.

3. In the event that the win - loss records and the net points are tied, the most plus points shall be used to determine standing in that competition.

4. All skips must play in no less than 50% of her scheduled games in order to qualify for progression to the next higher medal play or to maintain her position. If a skip proves to be in violation of this rule, she will automatically be dropped to the next lower medal play and the next qualified skip will move up.

5. When a skip qualifies to move to a higher level of competition and elects to remain in the same competition, she will pick last for thirds when selecting teams

September 2009: Judi Giovannone (Chair), Cindy Brown, Mary Ellen Sofinski, Julie Chanatry, Joyce Shaffer. Approved by the Glengarry Board, 9/15/09.



KING'S CUP
The Mixed Committee



It's time to put away those golf clubs and dust off that curling broom!!

It's now time to sign up for the Friday night mixed curling. Games will be 6 ends with 2 draws beginning at 5:30 p.m. and 7:15 p.m.; unless 3 draws are necessary.

The scheduled dates are October 30, November 6, 13, 20, December 4, 11, and 18 (Finals).

A \$10 per person snack fee is required to be paid on the first night. Positions will be accommodated based on availability and in order applications are received, so be sure to rank all positions in the order you would like to be considered. We also ask for your patience, as there may be changes to accommodate new members as they sign up.

Please fill out the form and mail back to Conrad & Knyoca Law at: 3 Samoset Dr; Whitesboro, NY 13492 or if you prefer, you can e mail the form to kjl79@juno.com

PLEASE BE SURE TO NOTE THE NEW DRAW TIMES!!!

KINGS Cup

6 end games starting at 5:30 and 7:15 PM (9 PM will be added if needed)

PLEASE NOTE NEW DRAW TIMES!!!

Name _____ Phone # _____

I would like to PLAY _____ SUB _____

Draw Preference (Rank 1-2)

5:30 PM _____

7:15 PM _____

Either _____

Position Preference (Rank 1-4)

Lead _____

Second _____

Vice _____

Skip _____

Please be sure to rank both draw time and all positions in order you would like to be considered. Positions will be accommodated based on availability and in order of when applications are received.

Send to: Knyoca & Conrad Law, 3 Samoset Dr., Whitesboro, NY 13492

IMPORTANT REMINDER: \$10 per person snack fee is required on the first night of play.

2009 Daytime LADIES Curling “MARY CLARK”

Joyce Shaffer / Susan Gardner Co-Chairs

The Mary Clark Competition will begin TUESDAY, October 27, @ 10:00 A.M. We “will curl” Election Day. Mary Clark Skips will pick their team, SUNDAY, OCTOBER 25 @ Joyce Shaffer’s house 2:00 p.m. Sign up deadline, Wednesday, October 21. PLEASE sign up as early, as possible. It is not always possible to fill a team and there may be a cut-off.

2009 “Mary Clark” Daytime Ladies Curling

Name: _____

CHANGE IN ADDRESS/PHONE# and/ or EMAIL

Membership Classification 2009-2010 Season

____Resident/Senior ____fall ____spring ____Jr. Plus

Please note: there may have to be a “cut off”. First preference given to earliest sign ups!!!

“Not” available to curl. (Give dates)

Return to Joyce A Shaffer, 5 Chestnut Rd., New Hartford, NY 13413

Deadline October 21, 2008

The Glengarry opening dinner was held on Tuesday, September 22, 2009. 35 people (including some special guests) enjoyed a fabulous dinner at Valentino’s Restaurant.

A meeting followed discussing: Ice preparation for the women’s leagues, league sign ups, and the 2009-2010 in-house events, which include: All American (Oct 15, 21, 23), Empire State Playdowns (Nov 5, 12, 19), Empire State Bonspiel (Jan 21-24), Glengarry Challenge (Mar 3, 4, 6), Elisabeth Child’s Challenge (Mar 17-20, Women 5 year and under) and the Senior Women’s National Bonspiel (Feb 10-14 in Schenectady). Look for details and sign up sheets in the locker room and in future Curlograms.

Our next gathering will be the Holiday party scheduled for December 9. Peggy Rotton is the chairperson and more details will follow.

We look forward to seeing everyone at the Club!

Kathy Palazzoli and Karen Rogowski

How to Get Paid for Having a Curling Lifestyle!

By: Mike Swiercz

You might have an opportunity to get a lifestyle credit for curling from your health insurance company and receive a partial or full reimbursement of your curling dues.

Over the past few years, many health insurance companies have started rewarding its policyholders for positive lifestyle changes and activities. Although the definition of lifestyle credits, or similar term, will depend on your insurance policy, it generally includes credits for physical activities such as fitness classes, yoga sessions, Pilates, martial arts, soccer camp, etc. Not surprising, curling falls under the scope of most definitions.

As you begin your plans for the upcoming curling season, check with your employer and insurance company to see if your health insurance policy gives rewards for lifestyle credits.

For example, MVP Health Care's Trivantage EPO allows for a refund of \$300-\$600 per annum. Likewise, BCBS's HealthyBlue policies may refund \$200-\$500, or more. Even if you already are taking advantage of such programs, your curling dues may allow you to max out your policy's allotted refund.

What happens if you qualify? In most cases, you will be required to submit a reimbursement form and a receipt for your curling dues. This is not a standardized process across insurance companies. You will need to visit your insurance company's website or speak with a representative to get the specifics. Most importantly, different companies have different requirements as to what must be clearly stated on the receipt. This is information that we will need to know.

As this is a new process for the curling club, we need your help in coming up with a standardized model. Most importantly, we hope to come up with a common receipt format that will be suitable for all insurance carriers, rather than having specialized versions for a multitude of companies.

I, Mike Swiercz, will be your contact point at the curling club for getting you a receipt. Please follow these steps:

1. Get a blank copy of your insurance company's lifestyle credit/reimbursement form, along with its instructions. The instructions should state what information is required on the receipt. It should also state the time frame in which you can submit a receipt – most give you one year after the date you paid your membership dues.
2. Send me a copy of the information, either:
E-mail it, along with attached forms, to lifestyle@curler.com.

OR Send it via regular mail to: Michael Wil. Swiercz, 14 Glencrest Blvd., New Hartford, NY 13413.

Originally, I tried to collect information on reimbursement forms for various health insurance plans from different insurance carriers. Unfortunately, many of those forms are buried in cryptic locations on their websites or require one to be a member of the plan.

Therefore, the onus falls upon you to get me the information. With your help, we should be able to compile the requirements so that we can effectively create proper receipts for your specific plan.

Barring any surprising results, we expect that process for requesting curling dues receipts for this purpose will be a standard part of the membership application form in subsequent years.

CurlTV Announcement

The U.S. Curling Association (USCA) and CurlTV.com have mutually agreed to discontinue the partnership agreement that assigned full-access CurlTV.com subscriptions to all USCA members. This decision was based on a revised business model being implemented by CurlTV.com and the low percentage of USCA members who were actually activating their subscriptions.

The USCA and CurlTV.com will continue to work together in other mutually beneficial ways outside of direct subscriptions for all members. Both organizations recognize the value that CurlTV.com can bring to USCA members, and they will continue to work on and promote opportunities to feature U.S. events and customized programming.

On Sept. 24th Curltv.com announced that it will offer two membership options for the 2009 - 2010 season. For the die-hard curling fan an annual membership is available for \$59.95 while for the occasional viewer Curltv.com is offering pay-per-event packages starting at \$9.95. For more information see the Curltv.com website <http://www.curltv.com/>

UCC Members make the Today Show

November 4th marks 100 days until the 2010 Olympic Games. As a result, the USOC is coordinating coverage on the Today Show and a curling demo at Rockefeller Center with members of Team USA for the Olympics and Paralympics. UCC members Augusto Perez, Jacqui Kapinowski and James Joseph have been selected to take part in this event. Be sure to tune in!

Thank you UCC Volunteers!

A special evening to thank all club members who have volunteered their time and talents took place on Saturday September 19th at the Vineyard in Washington Mills. 53 UCC members enjoyed the evening of complimentary hors d'oeuvres, special door prize drawings and of course catching up with each other after a long summer.

Many thanks to Dean Kelly (Jay-K), Bob DeSantis (Royal Landscape), Frank (the Vineyard), Brian and Marj Moore, and Barb Felice for their door prize donations.

2009 ALL AMERICAN BONSPIEL

Michelle MacEnroe, Heather Swiercz, Rachel Ryan, Brenda Card
& Pam Jones Co-Chairs

Deadline for entries: Wednesday, October 7th

The All-American has been sponsored by The USWCA since 1966. This event was designed to give USWCA member clubs the opportunity to participate in a national event on home ice. The main focus is on the club curler.

Over 1,000 women compete annually for the coveted All American Pin. The 2009 All American is scheduled for October 15th, 21st & 23rd. You may notice a change from the traditional schedule of M-W-F. We changed it in the hope of attracting more women curlers to the event.

All women curlers who are members of the USWCA are encouraged to participate. There is no cost, a light meal will be provided after each draw (Michelle will be baking!) and a Wine Pairing Dinner will be available Friday evening. Join us for our first ladies bonspiel of the season - we promise you a great time!

All games will begin at 6 PM. The games are eight (8) ends and are played under the USWCA Rules. Skips will be determined from 2008-09 skip's standings. The Chairs will draw the teams and notify the skips. Your skip will call you by Saturday, October 10th, or call Pam Jones at 829-4425 and she will tell you whose team you are on.

You may enter via US mail or electronically

Rachel Ryan
400 Manor Drive
East Syracuse, NY 13057

Email: xrach1010@aol.com

PLEASE NOTE: All entries will be acknowledged by either a reply email or a phone call. If your entry has not been acknowledged within a few days, please call Rachel @ (315) 430-3520 to confirm that your entry has been received!

ALL AMERICAN BONSPIEL 2009

Dates: Thursday, October 15th, Wednesday, October 21st & Friday, October 23rd

Name: _____

Phone: _____

Email address: _____

I will curl as a permanent member

I am willing to sub (circle days you are available): Thu 15th | Wed 21st
| Fri 23rd

Return to:
Rachel Ryan
400 Manor Drive
East Syracuse, NY 13057



EMPIRE STATE PLAYDOWNS Kathy Palazzoli 368-4857 (cell)

The Utica Glengarries will enter (2) two teams in the Empire State Bonspiel being held **in Utica**, January 21, 22, 23 & 24, 2010. **All eligible women are encouraged to participate.**

To determine the two (2) teams that will represent Utica, playdowns are scheduled for the following dates: Thursday, November 5 @ 6:45 pm, Thursday, November 12 @ 6:45 pm., Thursday, Nov 19, 6:45 pm. Additional dates will be scheduled if needed. Only full-dues paying members are eligible to play down and they must sign up as a team. **Deadline for sign up is Wednesday, October 28th.**

Sign up and Playdown Rules in the ladies locker room, please read.

ANY QUESTION REGARDING ELIGIBILITY, please call Joyce Shaffer 735-0433

The winners of the play downs must be available to play in the Empire State Bonspiel.

Wanna learn how to be a R.O.C.K. star?

- What:** R.O.C.K. (Rink Of Curling Kids) School
Who: Boys and Girls ages 10 – 18
Where: Utica Curling Club - 8300 Clarks Mills Road, Whitesboro
When: Sundays 2:00 p.m. - 5:00 p.m. (Start Date- October 25, 2009)
Cost: \$25.00 covers snacks after every class and a souvenir for graduating from R.O.C.K. School. We are offering a \$5 discount for second sibling or family member.

Boys and girls ages 10 – 18 are encouraged to give the Olympic sport of curling a try. R.O.C.K. School will consist of seven weeks of on ice instruction. We will teach the basics of how to delivery a stone, sweeping, team communication, plus basic rules and strategy.

The best news is that you don't need to buy any equipment; the Utica Curling Club will provide brooms and sliders. The only thing you need to bring is a pair of **clean sneakers** carried into the club (you cannot wear shoes on the ice from the parking lot as debris will damage the ice).

Come try one of the fastest growing and most accessible sports in the U.S. You even get to throw rocks at houses! This is a great way to try curling before committing to the R.O.C.K. program.

Try Curling events: Oct. 12, 13, 14, 15, 18; at 7:30pm

For more information or to pre-reserve a spot in R.O.C.K. School, please call Marena Taverne at 315-794-6759. Registration night will be held on October 25.



For more information visit us at www.uticacurlingclub.com.

Instructors Needed for New Adapted Curling Programs

The World Curling Federation recently conducted a seminar highlighting the continual development of adapted curling. Two new initiatives include the development of visually impaired curling and curling with a diagnosis of cerebral palsy (ambulatory and wheelchair users). The goal is for one or both of these areas to eventually gain Paralympic medal status. As a result, Upstate Cerebral Palsy and the Central Association for the Blind and Visually Impaired are in the process of developing adapted curling programs. These participants will practice on Sunday afternoons during the designated 2-4pm time slot starting on 10/25 and hopefully will evolve into adapted curling leagues. While these organizations will be supplying volunteers each session, UCC volunteers will be needed to instruct these participants in concepts and delivery. Please contact Marc DePerno at 737-2459 should you be interested.

Video Interview with James Joseph

The US Paralympics organization website featured a video interview with our own “Jimmy Jam” in September (see <http://videos.teamusa.org/>). In the 4 minute streaming video, Joseph talks about his introduction to curling in 2004, his love of the sport, and his second trip to the Paralympics. Despite taking up his push stick only five years ago, Joseph has been the 2004 National Wheelchair Curling Champion, placed eighth at the World Wheelchair Curling Championships in 2005, and was a member of Team USA at the Torino Paralympic Winter Games in 2006.

The 2010 U.S. Paralympic team consists of Patrick McDonald (Orangevale, Calif.), Jacqueline Kapinowski (Point Pleasant, N.J.), James Joseph (New Hartford, N.Y.), James Pierce (North Syracuse, N.Y.) and Augusto Perez (East Syracuse, N.Y.). They placed fourth in the 2009 World Wheelchair Curling Championships, loosing to Germany 6-4 in the bronze medal game.

Other articles on wheelchair curling can be found by searching the Paralympics website (<http://usparalympics.org/>).

The Paralympics will take place in Vancouver two weeks after the end of the Olympics. Best of luck to Team USA!!



Olympic (and Paralympic) countdown begins!

Nov. 4 marks 100 days until the 2010 Olympic Games so the USOC is coordinating coverage on the Today Show and a curling demo at Rockefeller Center with members of Team USA for the Olympics and Paralympics.

The Hartford has come on board to sponsor athletes to come to New York City to take part. They have requested Augusto Perez, Jacqui Kapinowski and James Joseph to take part in this event. The USCA is coordinating the rocks, ice, etc.

The plans are preliminary and may change.

--Marc DePerno

“Our House is Your House Bonspiel”

Saturday, October 24th, 2009

This is the perfect first event for those who have not curled before and want to try something fun. It's a great warm-up for current members. It's also an opportunity for former curlers to get their brooms out of the closet and stretch their legs without committing to a full season of curling.

Select from any or all of the day's events:

- 2:30 PM: On-ice instruction (for those who want it)
- 4:00 PM: Sign-In and Light snacks
- 4:30 PM: Four-end game begins
- 5:45 PM: Snacks with Warm Room Gathering
- 6:00 PM: Buffet Dinner and Prize Presentations
- 8:00 PM: After Dinner Entertainment (take off your curling shoes and put on your dancing clothes!)

Costs:

- Full day's activities: \$18 per person
- Dinner only: \$12
- Instruction, 4-end game and snacks: \$12
- 4-end game and snacks: \$6

As a welcome gift, all 2009-10 new members who have paid their dues prior to the Bonspiel will receive the “Our House is Your House” Bonspiel package FREE OF CHARGE.

Pre-Registration is required by Wednesday, October 21st

- Call Carol Jones or sign up at the club
- Carol's phone: 624-3801

Happy early Thanksgiving, fellow curlers!!!

It's that time again for the annual Turkey Spiel, coming Saturday, November 14.

- 2 five end games
- Five person team (captain and crew)
- Each team member plays 4 ends
- Rotate positions after each end
- Winner determined by total points
- Maximum number of participants: 60



Snacks will be served between games. Dinner will be announced at a later date.

Look for a sign-up sheet around Opening Party time!!!!

For any questions, contact

Jessica MacIntosh (chair) at 736-3819
or Carrie Casab (co-chair) at 765-0144.

BROOM HANGING

Late during the 2005 curling season the Board received a request from a Club member. The request was to be able to select a spot on the broom rack for their own broom. For this privilege the member was willing to make a donation to the Club. At first the Board thought this was not a particularly good idea. I was astonished that the Board was turning down a potential revenue source. As is often the case, when you open your big mouth it comes back to haunt you. At my urging the Board decided to implement this program, with myself as the Chair.

You may be wondering "Why anyone would want to pay for a spot to hang your broom?" How many times have you played against a, shall we say, deliberate, analytical skip. By the time you are finally off the ice you are hanging your broom down by the compressor room and the next time you curl it takes you 5 minutes to find your broom because you can't believe it is way down there. Or worse yet you get picked in a league by a deliberate and analytical skip and this happens for 10 weeks in a row. Or even worse you are married to a deliberate, overly analytical skip and you begin to think the King's Cup is the best event of all time because you don't have to curl with your deliberate, analytical spouse. To help all these people out, and to help the Club also, the Board began a new program. For a \$50 tax deductible donation to the Burn the Mortgage Fund, any member of the Club can select a spot to hang one broom or crutch. The member is responsible for securing their broom. People who purchased a spot previously can reserve their current spot by contacting me. Checks can be made out to the Utica Curling Club and can be mailed to my home address: 2549 Sulphur Springs Road Sauquoit 13456. Any questions please contact me at 794-8657 or docdbk@yahoo.com

I would also like to welcome Jill and Roger Gates to the "Broomhangers". They signed up over the summer. The walk to your brooms just keeps getting longer and longer for the rest of you. Sign up now, it's good for you and good for the Club! —Don Knapp

Ice Making — Paul MacEnroe needs YOU!

Ice Schedule		Volunteers Requested	Activity
Day	Date	Time	
Monday	28-Sep	5-8PM	Mop/vacuum
Tuesday	29-Sep	5-9 PM	0 Ice shed
Wednesday	30-Sep	5-9PM	2 Tape shed Set hacks Spray Flood
Thursday	1-Oct	5-7AM	1 Flood Ice
Thursday	1-Oct	5-7PM	0 Flood Ice
Friday	2-Oct	5-7AM	1 Flood Ice
Friday	2-Oct	5:30-7:30PM	0 Flood Ice
Saturday	3-Oct	9AM-1PM	8 Scribe Ice
Saturday	3-Oct	2PM-5PM	8 White Paint
Sunday	4-Oct	10AM-1PM	14 Paint Houses / Hog Lines
Sunday	4-Oct	5PM-7PM	16 String Lines/ Install Logos.
Monday	5-Oct	5PM-7PM	2 Flood Ice
Tuesday	6-Oct	7PM-9PM	1 Flood Ice
Wednesday	7-Oct	7PM-9PM	2 Pebble Scrape
Thursday	8-Oct	7PM-9PM	2 Pebble Scrape
Friday	9-Oct	7PM-9PM	2 Pebble Scrape
Saturday	10-Oct	1PM-2:30PM	Pebbling School
Sunday	11-Oct	1PM-2:30PM	Pebbling School

Ice Making continued

Items in bold are ones where we can throw more people at the problem to move things along. The estimated times are based on the estimated number of people. If You can help out with any of these projects please email Paul MacEnroe at pmac@themacenoers.com

Monday, September 28, 2009 5PM -8PM Mop Ice Shed Floor. No additional volunteers needed.

Tuesday, September 29, 2009 5PM – 8PM set hacks, Tape shed, spray floor to seal One volunteer would be helpful

Wednesday, September 30, 2009 5PM – 7PM Flood Sheet. I can Handle this on my own.

Thursday, October 1 5AM – 7AM – 5PM -7PM Flood Sheet. Could use one person for evening flood.

Friday October 2 5AM to 7 AM Flood. I can Handle

Friday October 2 5:30 PM to 7:30 PM Scribe Ice The process is that we go out with the router and scribe the circles and there is a big need for people to sweep up the snow. 8 People would be very helpful. I know it is a Friday night but we will finish on time if we have enough people. Two people work the router and the other six pick up the snow. Also if you have an extra shop vac that would come in handy.

Saturday October 3 9AM to 1PM Paint the white. This requires 8 people. 1 Person mixes the paint outside. 1 Person operates the boom and the other 6 stand on the ice and hold the hose out of the way. The process is first the six hose holders place carpets down on the cat walk to cover any over spray while the pump and the painting system is shut down. Then we put down four coats of paint and then spray water on top to seal the paint. Volunteers should wear warm clothes and warm shoes and it is a good idea to wear gloves.

The next two steps are really labor intensive and the more people we have the faster it goes. It takes about an hour to paint a house. If we have 12 people it is a little more than an hour. If we have 1 person it takes 14 hours.

Paint Houses **Saturday October 3** 2PM till we finish. (see above) Paint brushes and rollers are used to apply the red and blue paint in the

houses. One person paints the red the other starts on the blue. Multiple people walk around with spray buckets to seal the paint so that it does not weep. The final step is to take out the boom and put down several spray coats of water to further seal the ice. Again this is cold work so please dress warmly. Also If anyone has empty clean bottles that we can put paint in and squeeze it into the router holes to mark the edges of the circles that would be very helpful. Think of the old mustard containers. Volunteers should wear warm clothes and warm shoes and it is a good idea to wear gloves.

Sunday October 4, 10 AM to 1PM String yarn and set Logos Seal and Splash Flood. This is another one of those jobs that the more people you have the faster it goes. Ideally I would like three teams of four. Two people string the lines. One person measures and the fourth walks with a spray pack to seal the lines. Also it would be great if each person could bring a utility knife and tape measure. 2 extra people would be very helpful to place logos in ice. Volunteers should wear warm clothes and warm shoes and it is a good idea to wear gloves.

Sunday October 4 7PM to 9PM flood Ice. 4 volunteers to hold the hose would be a great deal of help on this one.

Monday October 5 5PM -7PM Flood 1 volunteer would be nice.

Tuesday October 6 7PM- 9PM Flood. 1 volunteer would be nice.

Wednesday, October 7 7PM – 9PM Pebble Scrape 2 volunteers would be nice

Thursday, October 8, 7PM – 9PM Pebble Scrape. 2 Volunteers would be nice.

Friday, October 9 7PM-9PM Pebble Scrape 2 Volunteers would be nice.

Saturday October 10 1PM -2:30 PM Pebbling class for people who are willing to learn how to pebble. This will be conducted partial classroom, outside in the parking lot and then down on the ice.

Sunday October 11 1PM I 2:30 Pebbling class for people who are willing to learn how to pebble. This will be conducted partial classroom, outside in the parking lot and then down on the ice.

And then we're ready to curl!!!

YOUTH Charity Curling Challenge

Young Adults Curl To Benefit Up to Twelve Area Charities



Curling for a Cause

Date: Saturday, Nov. 7th, 2009
Time: 11:00 AM - 4 PM
Place: Utica Curling Club
8300 Clark Mills Road
Whitesboro, NY

*Exciting Fund Raiser
Eleventh Annual Event!
Winter Sport at Its Best
Spectators Welcome - Bring Signs and Cheer for your Favorite Team*

You're invited to enter a team of High School or College Students for the 11th Annual Charity Curling Challenge.

At least three members of the team must be non-curlers. One person may have one year's experience as a curler, but must play lead position. Any existing curler may coach a team. Teams pick the charity of their choice. **This is a great way to introduce non-curling friends to this fun sport!!!**

Sign a team up today!!! Call Carol Jones for details!
315-624-3801 or e-mail cjones@tristate.biz

Don't forget to check the Club website

<http://uticacurlingclub.org/>



Get all the latest updates, calendars, news, and information!

NOVEMBER						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Adaptive Curling League 12:00 ROCKS (Youth Program) 2:00 College/Curling School 6:00-8:30	2 Calder 5:45 Charbonneau 8:00	3 Mary Clark 10:00 Phys Ed Teachers Clinic 9:00-1:30 Charbonneau 5:45 Open League 8:00	4 Bonnie Piper 5:45 Charbonneau 8:00	5 Section III meeting 9:00-1:00 no ice Fun&Fitness 4:00 Empire State Playdowns 6:45	6 King's Cup 5:30&7:15 Fish fry	7 Youth Charity Challenge 11:00-4:00 Golf Sponsors' Outing 6:00-9:00
8 Adaptive Curling League 12:00 ROCKS (Youth Program) 2:00 College/Curling School 6:00-8:30	9 Calder 5:45 Charbonneau 8:00	10 Mary Clark 10:00 Charbonneau 5:45 Open League 8:00	11 Bonnie Piper 5:45 Charbonneau 8:00	12 Fun&Fitness 4:00 Empire State Playdowns 6:45	13 King's Cup 5:30&7:15 Fish fry	14
15 Adaptive Curling League 12:00 ROCKS (Youth Program) 2:00 College/Curling School 6:00-8:30	16 Calder 5:45 Charbonneau 8:00	17 Mary Clark 10:00 Charbonneau 5:45 Open League 8:00	18 Bonnie Piper 5:45 Charbonneau 8:00	19 Fun&Fitness 4:00 Empire State Playdowns 6:45	20 King's Cup 5:30&7:15 Fish fry	21 Turkey Spiel
22 Adaptive Curling League 12:00 ROCKS (Youth Program) 2:00 College/Curling School 6:00-8:30	23 Calder 5:45 Charbonneau 8:00	24 Mary Clark 10:00 Charbonneau 5:45 Open League 8:00	25 NYS AHPERD Curling Instruction 11:00 - 3:30 Bonnie Piper 5:45 Charbonneau 8:00	26 Fun&Fitness 4:00 Empire State Playdowns 6:45	27 King's Cup 5:30&7:15 Fish fry	28 Wheelchair Int'l Bonspiel
29 Wheelchair Int'l Bonspiel ROCKS (Youth Program) 2:00 College/Curling School 6:00-8:30	30 Calder 5:45 Charbonneau 8:00	31 Mary Clark 10:00 Charbonneau 5:45 Open League 8:00	Thanksgiving			
ROCKS (Youth Program) 2:00 (Tentative)	Calder 5:45 Charbonneau 8:00					

DECEMBER						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Mary Clark 10:00	2 Bonnie Piper 5:45 Charbonneau 8:00	3 Fun&Fitness 4:00 Early Bird Friendly	4 King's Cup 5:30&7:15 Fish Fry	5 Early Bird Friendly
6 Early Bird Friendly	7	8 Mary Clark 10:00	9 Bonnie Piper 5:45 Charbonneau 8:00	10 Fun&Fitness 4:00	11	12
Adaptive Curling League 2:00 College/Curling School 6:00-8:30	13 Calder 5:45 Charbonneau 8:00	14 Charbonneau 5:45 Open League 8:00	15 Bonnie Piper 5:45 Charbonneau 8:00	16 Fun&Fitness 4:00	17 King's Cup 5:30&7:15 Fish Fry	18 Murray
13 Adaptive Curling League 12:00 ROCKS (Youth Program) 2:00 College/Curling School 6:00-8:30	14 Calder 5:45 Charbonneau 8:00	15 Mary Clark 10:00	16 Bonnie Piper 5:45 Charbonneau 8:00	17 Fun&Fitness 4:00	18 King's Cup 5:30&7:15 Fish Fry	19
20 Murray	21	22 Mary Clark Playoff 10:00	23 Bonnie Piper 5:45 Charbonneau 8:00	24 Murray	25 Christmas	26 Ice maintenance
Adaptive Curling League 2:00	27 Ice maintenance	28 Calder 5:45 Charbonneau 8:00	29 Bonnie Piper 5:45 Charbonneau 8:00	30 Christmas Eve	31 New Year's Eve	
27 Ice maintenance	28 Ice maintenance	29 Ice maintenance	30 Ice maintenance	31 Ice maintenance		

JANUARY						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7	8	9
Adaptive Curling League 2:00 College 4:00	Lambert Grant 5:45 Tom Garber 8:00	Roe rmer 10:00 Rink 5:45 Allen 8:00	Glennpaddes 5:45 Sims 8:00	Happy Hour 4:00 CaldierConleyHurd	New Year's Day Crawford 5:30&7:15 Fish fry	CaldierConleyHurd
10	11	12	13	14	15	16
CaldierConleyHurd Adaptive Curling League 3:00 College 4:00 Charbonneau Semifinals 6:00	Lambert Grant 5:45 Tom Garber 8:00	Roe rmer 10:00 Happy Hour 4:00 Rink 5:45 Allen 8:00	Glennpaddes 5:45 Sims 8:00	Mitchell Bonspie!	Mitchell Bonspie!	Mitchell Bonspie!
17	18	19	20	21	22	23
Mitchell Bonspie! Adaptive Curling League 3:00 College 5:00 Crawford pre-play 4:00-6:00 (for 1./22)	Lambert Grant 5:45 Tom Garber 8:00	Roe rmer 10:00 Happy Hour 4:00 Rink 5:45 Allen 8:00	Glennpaddes 5:45 Sims 8:00	Mitchell Bonspie!	Empire State Bonspie! Crawford 5:30&7:15 Fish fry	Empire State Bonspie!
24	25	26	27	28	29	30
Empire State Charbonneau finals 6:00	Lambert Grant 5:45 Tom Garber 8:00	Roe rmer 10:00 Happy Hour 4:00 Rink 5:45 Allen 8:00	Glennpaddes 5:45 Sims 8:00	Happy Hour 4:00 Mixed Champs	Crawford 5:30&7:15 Fish fry	Mixed Champs
31						
Mixed Champs Adaptive 3:00 College 5:00	Lambert Grant 5:45 Tom Garber 8:00	Rink 5:45 Allen 8:00	Glennpaddes 5:45 Sims 8:00	Happy Hour 4:00 Mixed Champs	Crawford 5:30&7:15 Fish fry	